



Food subject to change due to food availability



SEPTEMBER 2023

Sidney Elementary

Low-fat and fat-free milk
offered daily with all meals

Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day
(No School)

BBQ Rib on a Bun
or
Turkey & Cheese Sandwich
French Fries
Apple Slices

Orange Chicken
Whole Grain Rice
or Strawberry PB&J
Broccoli
Clementine

Spaghetti w/ Meat Sauce
or
Ham & Cheese Sandwich
Baby Carrots
Kiwi

Mac & Cheese
or
Grape PB&J
Carrots
Pears

Fish Sticks
or
Grape PB&J
Green Beans
Fruit Cocktail

Pepperoni Pizza
or
Grape PB&J
Romaine Blend
Bananas

Sloppy Joe on a Bun
or
Turkey & Cheese Sandwich
Baked Beans
Strawberries

Pot Roast
or
Strawberry PB&J
Mashed Potatoes & Gravy
Apple Sauce

Chicken Strips
or
Ham & Cheese Sandwich
Sweet Potato Fries
Pears

Hot Dog on a Bun
or
Grape PB&J
Celery
Fruit Jello Cup

Quesadilla
or
Grape PB&J
Fiesta Beans
Bananas

Beef Philly on a Hoagie
or
Turkey & Cheese Sandwich
Carrots
Apple Slices

Oven Fried Chicken
or
Strawberry PB&J
Tri-Tator
Grapes

Spaghetti Bake
or
Ham & Cheese Sandwich
Romaine Blend
Oranges

Cheese Filled Breadsticks
or
Grape PB&J
Cauliflower
Apple Sauce

Beef Nachos
or
Grape PB&J
Refried Beans
Bananas

Chicken Patty on a Bun
or
Turkey & Cheese Sandwich
Corn
Strawberries

Corn Dog
or
Strawberry PB&J
Sweet Potato Fries
Frozen Fruit Cup

Chicken Alfredo
or
Ham & Cheese Sandwich
Broccoli
Pineapple

Cheese Stuffed Crust Pizza
or
Grape PB&J
Green Beans
Peaches

Fruit & Vegetable Bar Daily

This institution is an equal opportunity provider